This lighthearted dance is taken from *Testudo Gallo-Germanico*. The word *Testudo* means lute, or more literally "tortoise shell," from the myth that the first lute was the result of a tortoise decaying. Its entrails were stretched across the shell, and when plucked they had a musical sound. This unlikely story is widely quoted in early treatises. As the bass pattern is the same throughout, it may be practiced by itself before adding the melody. All three bass notes should be played with the thumb, the melody with alternating free strokes. Suggested tempo is a brisk $d = 176$.

*SIMILE = "CONTINUE IN THE SAME WAY".*